

| Order | Time | Comp No | First Name | Surname | Gender | Event | Dist | Group | Club |
|-------------------------|----------|---------|------------|-------------|--------|-------|------|-------|-------------------|
| 5km Male Results | | | | | | | | | |
| 1 | 00:14:56 | 133 | Max | Stevens | M | 5kmM | 5km | Open | Hills District |
| 2 | 00:14:58 | 128 | Adrian | Potter | M | 5kmM | 5km | Open | Adelaide Harriers |
| 3 | 00:15:06 | 107 | Jacob | Cocks | M | 5kmM | 5km | Open | Flinders |
| 4 | 00:15:13 | 304 | William | McCann | M | 5kmM | 5km | U20 | Hills District |
| 5 | 00:15:15 | 260 | Rhys | Jones | M | 5kmM | 5km | Open | Adelaide Harriers |
| 6 | 00:15:16 | 154 | Lachlan | Scott | M | 5kmM | 5km | Open | Flinders |
| 7 | 00:15:18 | 284 | Paul | Morgan | M | 5kmM | 5km | Open | Hills District |
| 8 | 00:15:24 | 218 | Isaac | Heyne | M | 5kmM | 5km | U18 | |
| 9 | 00:15:28 | 161 | Sam | Russell | M | 5kmM | 5km | Open | Salisbury |
| 10 | 00:15:29 | 7 | Tobias | Jacobson | M | 5kmM | 5km | Open | Hills District |
| 11 | 00:15:36 | 222 | Patrick | Goodwin | M | 5kmM | 5km | U18 | Flinders |
| 12 | 00:15:38 | 10 | Paul | MULHOLLAND | M | 5kmM | 5km | O35 | Adelaide Harriers |
| 13 | 00:15:45 | 303 | Matt | Konetschka | M | 5kmM | 5km | Open | |
| 14 | 00:15:46 | 224 | Michael | Nitschke | M | 5kmM | 5km | Open | Saints |
| 15 | 00:15:47 | 199 | Corey | Watkins | M | 5kmM | 5km | Open | Saints |
| 16 | 00:16:06 | 13 | Sam | Tierney | M | 5kmM | 5km | U16 | Hills District |
| 17 | 00:16:07 | 114 | Bailey | Dyer | M | 5kmM | 5km | U18 | Flinders |
| 18 | 00:16:08 | 115 | Matthew | Fenech | M | 5kmM | 5km | O35 | Hills District |
| 19 | 00:16:08 | 116 | Brett | Fisk | M | 5kmM | 5km | Open | Hills District |
| 20 | 00:16:10 | 198 | Bryn | Nicholls | M | 5kmM | 5km | O35 | Adelaide Harriers |
| 21 | 00:16:14 | 155 | Tim | Earle | M | 5kmM | 5km | Open | |
| 22 | 00:16:16 | 104 | Harrison | Bagley | M | 5kmM | 5km | U18 | TTG |
| 23 | 00:16:18 | 255 | Kieren | Shepherdson | M | 5kmM | 5km | U20 | Hills District |
| 24 | 00:16:21 | 214 | Mitch | Durbridge | M | 5kmM | 5km | O35 | |
| 25 | 00:16:27 | 292 | Tom | Lancaster | M | 5kmM | 5km | U20 | Flinders |
| 26 | 00:16:27 | 261 | Alistair | Young | M | 5kmM | 5km | Open | |
| 27 | 00:16:34 | 249 | Maxwell | Spurling | M | 5kmM | 5km | U18 | Hills District |
| 28 | 00:16:41 | 262 | Sam | Tebeck | M | 5kmM | 5km | Open | Hills District |
| 29 | 00:16:41 | 106 | Cameron | Clohesy | M | 5kmM | 5km | U18 | Flinders |
| 30 | 00:16:44 | 119 | Jack | Hunter | M | 5kmM | 5km | U18 | Pt Adelaide |
| 31 | 00:16:44 | 203 | Nicklaus | Blum | M | 5kmM | 5km | U18 | Western Districts |
| 32 | 00:16:45 | 257 | Edward | Shepherdson | M | 5kmM | 5km | U18 | Hills District |
| 33 | 00:16:47 | 305 | Sam | Hicks | M | 5kmM | 5km | O35 | Adelaide Harriers |
| 34 | 00:16:48 | 42 | Dale | Engler | M | 5kmM | 5km | Open | |
| 35 | 00:16:48 | 111 | Joe | Cross | M | 5kmM | 5km | U16 | Pembroke |
| 36 | 00:16:50 | 144 | Nick | Laity | M | 5kmM | 5km | U18 | Adelaide Harriers |
| 37 | 00:16:58 | 129 | Aidan | Ross | M | 5kmM | 5km | U14 | Flinders |
| 38 | 00:17:05 | 173 | Lachlan | Hennig | M | 5kmM | 5km | Open | Flinders |
| 39 | 00:17:09 | 172 | Morgan | Miller | M | 5kmM | 5km | U16 | |
| 40 | 00:17:13 | 49 | Adam | Goddard | M | 5kmM | 5km | U14 | |
| 41 | 00:17:15 | 134 | Dugan | Van Kleef | M | 5kmM | 5km | U20 | Hills District |
| 42 | 00:17:40 | 263 | John | Martinez | M | 5kmM | 5km | Open | |
| 43 | 00:17:42 | 295 | Wubishet | Murphy | M | 5kmM | 5km | Open | |
| 44 | 00:17:50 | 126 | Shane | McGregor | M | 5kmM | 5km | O50 | Hills District |
| 45 | 00:17:55 | 321 | Bradley | HILTON | M | 5kmM | 5km | | |
| 46 | 00:17:57 | 108 | Zac | Connell | M | 5kmM | 5km | U14 | Saints |
| 47 | 00:18:10 | 289 | Paul | Weymouth | M | 5kmM | 5km | O35 | |
| 48 | 00:18:16 | 148 | Toby | Cook | M | 5kmM | 5km | U14 | |
| 49 | 00:18:17 | 206 | Simon | Fitzallen | M | 5kmM | 5km | Open | |
| 50 | 00:18:18 | 143 | Mike | Klocke | M | 5kmM | 5km | Open | |
| 51 | 00:18:24 | 242 | Marco | Els | M | 5kmM | 5km | U16 | Hills District |
| 52 | 00:18:30 | 184 | Sam | Thomas | M | 5kmM | 5km | U18 | |
| 53 | 00:18:31 | 4 | Gerry | Doyle | M | 5kmM | 5km | O35 | Salisbury |
| 54 | 00:18:35 | 215 | Stephen | TRUTWIN | M | 5kmM | 5km | O50 | |
| 55 | 00:18:39 | 273 | Chris | Short | M | 5kmM | 5km | O50 | |
| 56 | 00:18:39 | 183 | Benjamin | Tripodi | M | 5kmM | 5km | Open | |
| 57 | 00:18:46 | 288 | Antony | Collaton | M | 5kmM | 5km | O35 | |
| 58 | 00:18:53 | 122 | Bennett | Maxwell | M | 5kmM | 5km | O35 | |
| 59 | 00:18:59 | 105 | Ernie | Brown | M | 5kmM | 5km | U16 | Western Districts |
| 60 | 00:19:07 | 91 | Dan | wallace | M | 5kmM | 5km | O35 | |
| 61 | 00:19:10 | 181 | Richard | McMahon | M | 5kmM | 5km | O50 | Flinders |
| 62 | 00:19:13 | 164 | Harry | Whitford | M | 5kmM | 5km | U14 | |
| 63 | 00:19:19 | 94 | Patrick | Winter | M | 5kmM | 5km | U14 | |
| 64 | 00:19:19 | 88 | rudy | tieman | M | 5kmM | 5km | O50 | |
| 65 | 00:19:23 | 356 | Marcus | Downing | M | 5kmM | 5km | O35 | |
| 66 | 00:19:24 | 71 | Seth | O'Grady | M | 5kmM | 5km | U14 | |
| 67 | 00:19:46 | 291 | Nick | Edwards | M | 5kmM | 5km | Open | |
| 68 | 00:19:46 | 178 | Ben | Holloway | M | 5kmM | 5km | U16 | |

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|-----|----------|------------------|-------------|---|------|-----|------|-------------------|
| 69 | 00:19:46 | 271 Ben | Burrows | M | 5kmM | 5km | O35 | |
| 70 | 00:19:48 | 296 Max | Ritchie | M | 5kmM | 5km | U18 | |
| 71 | 00:19:51 | 246 Jon | Dyer | M | 5kmM | 5km | O35 | |
| 72 | 00:19:52 | 52 Chris | Hargreaves | M | 5kmM | 5km | O50 | |
| 73 | 00:19:53 | 142 Daniel | Potter | M | 5kmM | 5km | U14 | |
| 74 | 00:19:55 | 189 John | Fitzsimons | M | 5kmM | 5km | Open | |
| 75 | 00:19:58 | 211 Chris | Dimitrak | M | 5kmM | 5km | O35 | |
| 76 | 00:20:02 | 75 Alexander | Richards | M | 5kmM | 5km | U14 | |
| 77 | 00:20:02 | 15 Tom | Esser | M | 5kmM | 5km | | |
| 78 | 00:20:08 | 177 Mark | Holloway | M | 5kmM | 5km | O35 | |
| 79 | 00:20:11 | 280 Gaetano | Aiello | M | 5kmM | 5km | O50 | |
| 80 | 00:20:12 | 27 Chris | Astill | M | 5kmM | 5km | Open | |
| 81 | 00:20:21 | 48 Alex | Genovese | M | 5kmM | 5km | Open | |
| 82 | 00:20:29 | 93 Angus | Winter | M | 5kmM | 5km | U14 | |
| 83 | 00:20:38 | 324 Jordan | Plaice | M | 5kmM | 5km | | |
| 84 | 00:20:46 | 33 David | Blackwell | M | 5kmM | 5km | Open | |
| 85 | 00:20:54 | 347 Sam | Chalmers | M | 5kmM | 5km | | |
| 86 | 00:21:05 | 220 Peter | Sandery | M | 5kmM | 5km | O50 | Adelaide Harriers |
| 87 | 00:21:56 | 269 Martin | Eckel | M | 5kmM | 5km | O50 | |
| 88 | 00:22:16 | 156 justin | dawson | M | 5kmM | 5km | O50 | Masters |
| 89 | 00:22:18 | 311 Mark | Badcock | M | 5kmM | 5km | | |
| 90 | 00:22:46 | 160 Michael | Sandery | M | 5kmM | 5km | O50 | |
| 91 | 00:22:58 | 153 David | Hanna | M | 5kmM | 5km | Open | |
| 92 | 00:22:59 | 195 Joshua | Gascoigne | M | 5kmM | 5km | Open | |
| 93 | 00:23:09 | 236 Kevin | Sharrad | M | 5kmM | 5km | O50 | |
| 94 | 00:23:11 | 74 Ben | Partington | M | 5kmM | 5km | O35 | |
| 95 | 00:23:13 | 312 Dylan | Badcock | M | 5kmM | 5km | | |
| 96 | 00:23:26 | 611 Michael | Davis | M | 5kmM | 5km | O35 | |
| 97 | 00:23:32 | 188 Stephen | Payne | M | 5kmM | 5km | Open | |
| 98 | 00:23:43 | 205 Steven | Campbell | M | 5kmM | 5km | O35 | |
| 99 | 00:24:01 | 202 chris | slusarski | M | 5kmM | 5km | Open | |
| 100 | 00:24:03 | 87 Kevin | Thomson | M | 5kmM | 5km | O50 | |
| 101 | 00:24:05 | 331 Nicholas | Schroder | M | 5kmM | 5km | | |
| 102 | 00:24:17 | 89 Samuel | Tuckey | M | 5kmM | 5km | O35 | |
| 103 | 00:24:21 | 325 Samuel | Plaice | M | 5kmM | 5km | | |
| 104 | 00:24:49 | 37 Jasper | Chen | M | 5kmM | 5km | O35 | |
| 105 | 00:25:18 | 264 Steven | Conlon | M | 5kmM | 5km | Open | |
| 106 | 00:25:21 | 329 Russell | Schroder | M | 5kmM | 5km | | |
| 107 | 00:25:49 | 187 Robert | Najjar | M | 5kmM | 5km | Open | |
| 108 | 00:26:06 | 69 Phillip | Naylor | M | 5kmM | 5km | Open | |
| 109 | 00:26:44 | 31 Dale | Battersby | M | 5kmM | 5km | Open | |
| 110 | 00:26:46 | 167 Gary | Plaice | M | 5kmM | 5km | | |
| 111 | 00:27:28 | 182 Peter | Harvey | M | 5kmM | 5km | O50 | |
| 112 | 00:27:35 | 299 jim | mcnamara | M | 5kmM | 5km | O50 | |
| 113 | 00:27:45 | 741 Glynn | Matthews | M | 5kmM | 5km | Open | |
| 114 | 00:27:45 | 204 Steve | Baciulaitis | M | 5kmM | 5km | Open | |
| 115 | 00:27:53 | 274 Rory | Mclvor | M | 5kmM | 5km | O50 | |
| 116 | 00:28:57 | 30 Matthias | Bartlett | M | 5kmM | 5km | Open | |
| 117 | 00:28:58 | 41 Joshua | Cramp | M | 5kmM | 5km | Open | |
| 118 | 00:30:09 | 54 Nathan | HARRISON | M | 5kmM | 5km | O35 | |
| 119 | 00:30:25 | 175 Robert | Lawton | M | 5kmM | 5km | O50 | |
| 120 | 00:31:02 | 84 Santo | Sofia | M | 5kmM | 5km | O50 | |
| 121 | 00:31:28 | 293 James | Hart | M | 5kmM | 5km | Open | |
| 122 | 00:31:38 | 346 Mark | Lewis | M | 5kmM | 5km | | |
| 123 | 00:31:39 | 51 Geoff | Hakes | M | 5kmM | 5km | O50 | |
| 124 | 00:33:35 | 250 Robert | Field | M | 5kmM | 5km | O50 | Enfield Harriers |
| 125 | 00:34:07 | 300 Andrew | Murray | M | 5kmM | 5km | O50 | |
| 126 | 00:34:19 | 28 Jake | Ball | M | 5kmM | 5km | Open | |
| 127 | 00:35:30 | 56 Aiden | Hughes | M | 5kmM | 5km | Open | |
| 128 | 00:38:07 | 338 Carl William | Nuqui | M | 5kmM | 5km | U18 | |
| 129 | 00:38:53 | 301 Lam | Nguyen | M | 5kmM | 5km | O50 | |
| 130 | 00:40:37 | 318 Charlie | deWet-Piper | M | 5kmM | 5km | | |
| 131 | 00:44:51 | 252 Peter | Dempsey | M | 5kmM | 5km | O50 | |
| 132 | 00:47:47 | 276 Blake | Mclvor | M | 5kmM | 5km | Open | |
| 133 | 00:49:05 | 19 Darcy | Badcock | M | 5kmM | 5km | | |
| 134 | 00:49:05 | 313 Darcy | Badcock | M | 5kmM | 5km | | |
| 135 | 00:49:36 | 25 Damian | Anglely | M | 5kmM | 5km | O35 | |
| 136 | 00:49:47 | 332 Todd | Ryan | M | 5kmM | 5km | Open | |
| 137 | 00:54:16 | 735 Robin | Chester | M | 5kmM | 5km | O50 | |
| 138 | 00:54:24 | 228 Warwick | Mehrtens | M | 5kmM | 5km | O50 | |

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|-----|----------|------------|------------|---|------|-----|------|
| 139 | 00:54:27 | 342 Peter | Tisato | M | 5kmM | 5km | O50 |
| 140 | 00:56:04 | 185 Steve | Strickland | M | 5kmM | 5km | O50 |
| 141 | 00:56:50 | 297 Abe | Fitzsimons | M | 5kmM | 5km | Open |
| 142 | 00:57:03 | 281 Andrew | Fitzsimons | M | 5kmM | 5km | O35 |
| 143 | 00:57:12 | 343 Bill | Dee | M | 5kmM | 5km | O50 |
| 144 | 00:59:22 | 65 Bruce | Matar | M | 5kmM | 5km | Open |
| 145 | 01:02:06 | 200 Ray | Stocker | M | 5kmM | 5km | Open |

5km Female Results

| | | | | | | | | |
|----|----------|------------------|-------------|---|------|-----|------|-------------------|
| 1 | 00:16:56 | 245 Tessa | Potezny | F | 5kmF | 5km | Open | Hills District |
| 2 | 00:17:04 | 294 Sophie | Eckel | F | 5kmF | 5km | Open | Hills District |
| 3 | 00:17:17 | 3 Charlotte | Derbyshire | F | 5kmF | 5km | U16 | Flinders |
| 4 | 00:17:20 | 101 Caitlin | Adams | F | 5kmF | 5km | Open | Hills District |
| 5 | 00:17:33 | 127 Sinead | Noonan | F | 5kmF | 5km | Open | Adelaide Harriers |
| 6 | 00:17:45 | 5 Sarah | Eckel | F | 5kmF | 5km | U18 | Hills District |
| 7 | 00:17:50 | 125 Brooke | McGregor | F | 5kmF | 5km | U18 | Hills District |
| 8 | 00:17:58 | 32 Tamika | Baynes | F | 5kmF | 5km | U16 | |
| 9 | 00:18:11 | 121 Lucy | Mauviel | F | 5kmF | 5km | U16 | Pembroke |
| 10 | 00:18:19 | 159 Zahli | Clarke | F | 5kmF | 5km | U16 | Pembroke |
| 11 | 00:18:26 | 266 Lucy | Buckley | F | 5kmF | 5km | Open | Flinders |
| 12 | 00:18:27 | 196 Brooke | Hines | F | 5kmF | 5km | Open | Saints |
| 13 | 00:18:34 | 9 Sophie | Morphett | F | 5kmF | 5km | U18 | Pembroke |
| 14 | 00:18:37 | 6 Nora | Henry | F | 5kmF | 5km | Open | Adelaide Harriers |
| 15 | 00:18:40 | 130 Charlotte | Ruddenklau | F | 5kmF | 5km | U16 | Western Districts |
| 16 | 00:18:54 | 251 lucie | spurling | F | 5kmF | 5km | U16 | Western Districts |
| 17 | #REF! | 112 Lisa | Davis | F | 5kmF | 5km | O35 | Hills District |
| 18 | 00:19:08 | 132 Caitlin | Slobedman | F | 5kmF | 5km | U14 | Hills District |
| 19 | 00:19:12 | 139 Shae | Grieger | F | 5kmF | 5km | Open | Enfield Harriers |
| 20 | 00:19:16 | 157 Sarah | Dawson | F | 5kmF | 5km | O35 | Masters |
| 21 | 00:19:29 | 217 Nalia | Boud | F | 5kmF | 5km | U14 | |
| 22 | 00:19:29 | 80 Grace | Roberts | F | 5kmF | 5km | U16 | |
| 23 | 00:19:33 | 209 Amy | Marin | F | 5kmF | 5km | U20 | United Collegians |
| 24 | 00:19:35 | 83 sarah | short | F | 5kmF | 5km | Open | |
| 25 | 00:19:43 | 247 Caitlin | Dyer | F | 5kmF | 5km | U14 | |
| 26 | 00:19:49 | 197 Alexis | Gillham | F | 5kmF | 5km | Open | |
| 27 | 00:19:57 | 81 Olivia | Sandery | F | 5kmF | 5km | U14 | |
| 28 | 00:20:03 | 235 Casey | Wallace | F | 5kmF | 5km | U18 | |
| 29 | 00:20:06 | 239 Emily | Steven | F | 5kmF | 5km | U16 | Saints |
| 30 | 00:20:12 | 135 Fleur | Wellings | F | 5kmF | 5km | U20 | Flinders |
| 31 | 00:20:17 | 232 Jessica | Tierney | F | 5kmF | 5km | U18 | Hills District |
| 32 | 00:20:20 | 110 Bethany | Cross | F | 5kmF | 5km | U18 | Pembroke |
| 33 | 00:20:35 | 285 Olivia | Buchanan | F | 5kmF | 5km | U18 | |
| 34 | 00:20:35 | 174 Maureen | Moyle | F | 5kmF | 5km | O50 | Adelaide Harriers |
| 35 | 00:20:47 | 345 Hannah | Voigt | F | 5kmF | 5km | | |
| 36 | 00:20:49 | 53 Julie | Hargreaves | F | 5kmF | 5km | O50 | |
| 37 | 00:20:59 | 21 Karin | HILTON | F | 5kmF | 5km | | |
| 38 | 00:21:04 | 117 Georgia | Garrels | F | 5kmF | 5km | U18 | Saints |
| 39 | 00:21:15 | 12 clare | stacey | F | 5kmF | 5km | O35 | Masters |
| 40 | 00:21:26 | 149 Lulu | Brumby | F | 5kmF | 5km | U16 | Hills District |
| 41 | 00:21:26 | 192 Melissa | Beadman | F | 5kmF | 5km | O35 | |
| 42 | 00:21:28 | 244 Clare | Short | F | 5kmF | 5km | Open | |
| 43 | 00:21:36 | 279 Grace | Vincent | F | 5kmF | 5km | Open | |
| 44 | 00:21:42 | 96 Jessie | Wooldridge | F | 5kmF | 5km | U14 | |
| 45 | 00:21:48 | 240 Amy | Steven | F | 5kmF | 5km | U18 | Saints |
| 46 | 00:21:49 | 225 Sarah | Goodwn | F | 5kmF | 5km | | |
| 47 | 00:21:52 | 55 Adrienne Tess | Houtman | F | 5kmF | 5km | U14 | |
| 48 | 00:22:00 | 190 Michelle | Leyden | F | 5kmF | 5km | O35 | |
| 49 | 00:22:34 | 341 Frances | MacPherson | F | 5kmF | 5km | O35 | |
| 50 | 00:22:40 | 34 Matilda | Braithwaite | F | 5kmF | 5km | U14 | |
| 51 | 00:22:41 | 131 Hailey | Siebert | F | 5kmF | 5km | U16 | Pt Adelaide |
| 52 | 00:22:43 | 170 Ruby | Buchanan | F | 5kmF | 5km | U18 | |
| 53 | 00:22:47 | 169 Kiana | Baynes | F | 5kmF | 5km | U16 | |
| 54 | 00:22:54 | 322 Rebekah | HILTON | F | 5kmF | 5km | | |
| 55 | 00:23:10 | 340 Samantha | Scott | F | 5kmF | 5km | Open | |
| 56 | 00:23:12 | 113 Ebony | Doering | F | 5kmF | 5km | Open | Enfield Harriers |
| 57 | 00:23:59 | 233 Lisa | Robinson | F | 5kmF | 5km | O35 | |
| 58 | 00:24:10 | 67 Louisa | Mitchell | F | 5kmF | 5km | O35 | |
| 59 | 00:24:14 | 171 steph | jeuken | F | 5kmF | 5km | O35 | |
| 60 | 00:24:17 | 278 Sarah | Jay | F | 5kmF | 5km | O35 | |
| 61 | 00:24:39 | 146 Jane | Mudge | F | 5kmF | 5km | O35 | Hills District |
| 62 | 00:24:48 | 82 Amanda | Shaw | F | 5kmF | 5km | Open | |

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|-----|----------|---------------|----------------|---|------|-----|------|-----|
| 63 | 00:25:46 | 179 Alex | Holloway | F | 5kmF | 5km | U14 | |
| 64 | 00:25:47 | 216 Meredith | Trutwin | F | 5kmF | 5km | O50 | |
| 65 | 00:25:54 | 100 Fiona | Zhou | F | 5kmF | 5km | O35 | |
| 66 | 00:25:58 | 90 tracey | wadsley | F | 5kmF | 5km | Open | |
| 67 | 00:26:22 | 336 Amy | Chapman | F | 5kmF | 5km | U16 | |
| 68 | 00:26:26 | 330 Luella | Schroder | F | 5kmF | 5km | | |
| 69 | 00:26:56 | 323 Joanne | Plaice | F | 5kmF | 5km | | |
| 70 | 00:27:33 | 191 Bridget | Senyszyn | F | 5kmF | 5km | Open | |
| 71 | 00:27:51 | 165 Sharon | Little | F | 5kmF | 5km | O50 | |
| 72 | 00:27:58 | 36 Beth | Caldwell | F | 5kmF | 5km | O35 | |
| 73 | 00:27:58 | 14 Charlie | Caldwell | F | 5kmF | 5km | | |
| 74 | 00:28:06 | 201 Julie | Holmes | F | 5kmF | 5km | O50 | |
| 75 | 00:28:06 | 248 Bess | Hillyard | F | 5kmF | 5km | O35 | |
| 76 | 00:28:19 | 57 Jordi | Ignatavicius | F | 5kmF | 5km | Open | |
| 77 | 00:28:21 | 95 Sindy | Woo | F | 5kmF | 5km | Open | |
| 78 | 00:28:27 | 24 Sylvia | Allen | F | 5kmF | 5km | O35 | |
| 79 | 00:28:34 | 39 Anna | Cooter | F | 5kmF | 5km | Open | |
| 80 | 00:29:00 | 23 Sonya | Abdelmalek | F | 5kmF | 5km | O35 | |
| 81 | 00:29:06 | 180 Tanya | Smerdon | F | 5kmF | 5km | O35 | |
| 82 | 00:29:16 | 229 Kylie | Foskett | F | 5kmF | 5km | O35 | |
| 83 | 00:29:21 | 208 Stacey | Mobbs | F | 5kmF | 5km | Open | |
| 84 | 00:29:37 | 238 Kate | Nelson | F | 5kmF | 5km | O35 | |
| 85 | 00:29:42 | 168 Lauren | Astill | F | 5kmF | 5km | Open | |
| 86 | 00:30:02 | 68 Lyn | Muller | F | 5kmF | 5km | O50 | |
| 87 | 00:30:08 | 26 Emma | Arnold | F | 5kmF | 5km | Open | |
| 88 | 00:30:08 | 99 Ann-Marie | Zagotsis | F | 5kmF | 5km | O35 | |
| 89 | 00:30:26 | 336 Unknown | Unknown | F | 5kmF | 5km | | |
| 90 | 00:30:41 | 231 Kosette | Lambert | F | 5kmF | 5km | O35 | |
| 91 | 00:31:17 | 58 Ashleigh | Jachmann | F | 5kmF | 5km | Open | |
| 92 | 00:31:24 | 62 Julie | Lister | F | 5kmF | 5km | O50 | |
| 93 | 00:31:52 | 234 Jessica | Stephens | F | 5kmF | 5km | U20 | |
| 94 | 00:32:10 | 227 Roz | Garrard | F | 5kmF | 5km | Open | |
| 95 | 00:32:12 | 230 Betty | Torma | F | 5kmF | 5km | Open | |
| 96 | 00:32:37 | 270 Amanda | Erwin | F | 5kmF | 5km | Open | |
| 97 | 00:33:04 | 213 Kirsty | Sideris | F | 5kmF | 5km | O50 | |
| 98 | 00:33:09 | 59 Clare | Keogh | F | 5kmF | 5km | Open | |
| 99 | 00:33:43 | 66 ROBYN | MEYER | F | 5kmF | 5km | O50 | |
| 100 | 00:34:07 | 256 Jane | Shepherdson | F | 5kmF | 5km | O50 | |
| 101 | 00:34:16 | 309 Rua | Hashlamoun | F | 5kmF | 5km | Open | |
| 102 | 00:34:19 | 79 Joanne | Ridley | F | 5kmF | 5km | Open | |
| 103 | 00:34:26 | 337 Jo-Ann | Denys | F | 5kmF | 5km | Open | |
| 104 | 00:34:29 | 86 Aimee | Thomson | F | 5kmF | 5km | Open | |
| 105 | 00:34:37 | 150 Angela | Osborn-Johnson | F | 5kmF | 5km | O35 | |
| 106 | 00:34:50 | 152 Kathleen | Seager | F | 5kmF | 5km | Open | |
| 107 | 00:35:21 | 85 Caroline | Taylor | F | 5kmF | 5km | O35 | |
| 108 | 00:35:29 | 63 Carly | Martin | F | 5kmF | 5km | Open | |
| 109 | 00:36:30 | 302 Carly | Barwick | F | 5kmF | 5km | Open | |
| 110 | 00:36:32 | 147 Jasmine | Gee | F | 5kmF | 5km | | |
| 111 | 00:36:54 | 290 Sarah | Kay | F | 5kmF | 5km | Open | |
| 112 | 00:36:59 | 61 Diane | Lee | F | 5kmF | 5km | O50 | |
| 113 | 00:37:49 | 44 Alex | Fitzsimons | F | 5kmF | 5km | Open | |
| 114 | 00:38:02 | 72 Kristen | Osborne | F | 5kmF | 5km | Open | |
| 115 | 00:38:22 | 267 Irene | Wong | F | 5kmF | 5km | Open | |
| 116 | 00:39:12 | 140 Jodi | Rawlings | F | 5kmF | 5km | Open | |
| 117 | 00:39:22 | 29 Alice | Barnett | F | 5kmF | 5km | Open | |
| 118 | 00:39:29 | 268 Jacqui | Wong | F | 5kmF | 5km | Open | |
| 119 | 00:40:15 | 241 Yasmin | Kouwenhoven | F | 5kmF | 5km | | |
| 120 | 00:40:15 | 151 Edye | Johnson | F | 5kmF | 5km | | |
| 121 | 00:40:28 | 46 Anne | Fry | F | 5kmF | 5km | Open | |
| 122 | 00:40:30 | 92 Alex | Whitehorn | F | 5kmF | 5km | Open | |
| 123 | 00:40:40 | 258 Cassie | Neubauer | F | 5kmF | 5km | O35 | TTG |
| 124 | 00:40:47 | 20 Ainslee | deWet-Piper | F | 5kmF | 5km | | |
| 125 | 00:40:49 | 319 Indiana | deWet-Piper | F | 5kmF | 5km | | |
| 126 | 00:41:30 | 219 Kelly | Hegarty | F | 5kmF | 5km | O35 | |
| 127 | 00:42:32 | 307 Julie | Matthews | F | 5kmF | 5km | O50 | |
| 128 | 00:43:11 | 259 Elizabeth | NEUBAUER | F | 5kmF | 5km | O50 | |
| 129 | 00:44:49 | 253 Joan | Dempsey | F | 5kmF | 5km | O50 | |
| 130 | 00:45:07 | 22 Alissa | Schroder | F | 5kmF | 5km | | |
| 131 | 00:47:14 | 308 Julianne | Paternoster | F | 5kmF | 5km | O35 | |
| 132 | 00:47:15 | 344 Bec | Bishop | F | 5kmF | 5km | Open | |

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|-----|----------|--------------|-------------|---|------|-----|------|
| 133 | 00:47:49 | 275 Melissa | Mclvor | F | 5kmF | 5km | O50 |
| 134 | 00:49:47 | 333 Kate | Holzeberger | F | 5kmF | 5km | Open |
| 135 | 00:51:00 | 64 Beverley | matar | F | 5kmF | 5km | Open |
| 136 | 00:51:01 | 194 Robyn | Thomas | F | 5kmF | 5km | Open |
| 137 | 00:56:05 | 186 Marina | Strickland | F | 5kmF | 5km | O50 |
| 138 | 00:56:49 | 298 Susannah | Stankiewicz | F | 5kmF | 5km | Open |
| 139 | 00:57:01 | 282 Anna | Fitzsimons | F | 5kmF | 5km | Open |
| 140 | 00:57:11 | 210 Marjorie | Fitzsimons | F | 5kmF | 5km | Open |
| 141 | 01:02:08 | 163 Anne | Pappin | F | 5kmF | 5km | O50 |
| 142 | 01:03:33 | 315 Eva | Chester | F | 5kmF | 5km | |
| 143 | 01:03:35 | 316 Elke | Chester | F | 5kmF | 5km | |
| 144 | 01:04:05 | 314 Liza | Chester | F | 5kmF | 5km | |
| 145 | 01:04:05 | 317 Megan | Chester | F | 5kmF | 5km | |

10km Male Results

| | | | | | | | | |
|----|----------|-------------|------------|---|-------|------|------|------------------|
| 1 | 00:32:42 | 718 Jason | Matulick | M | 10kmM | 10km | Open | |
| 2 | 00:33:29 | 716 Ryan | Grieger | M | 10kmM | 10km | Open | Enfield Harriers |
| 3 | 00:34:43 | 733 Matthew | Gluyas | M | 10kmM | 10km | U20 | |
| 4 | 00:36:53 | 707 Michael | Cocks | M | 10kmM | 10km | O50 | |
| 5 | 00:37:24 | 643 Adam | Zur Eich | M | 10kmM | 10km | O35 | Enfield Harriers |
| 6 | 00:39:49 | 635 Damian | Watkins | M | 10kmM | 10km | Open | |
| 7 | 00:40:03 | 726 Fearon | Kelly | M | 10kmM | 10km | O35 | |
| 8 | 00:41:57 | 640 Yang | Yang | M | 10kmM | 10km | Open | |
| 9 | 00:42:09 | 618 Shane | Hughes | M | 10kmM | 10km | Open | |
| 10 | 00:42:40 | 746 Luke | Dix | M | 10kmM | 10km | Open | |
| 11 | 00:42:49 | 732 Paul | Sideris | M | 10kmM | 10km | O50 | Hills District |
| 12 | 00:44:27 | 705 James | Thompson | M | 10kmM | 10km | Open | |
| 13 | 00:45:17 | 751 Chris | Wood | M | 10kmM | 10km | Open | |
| 14 | 00:46:30 | 748 Greg | Cochran | M | 10kmM | 10km | O50 | |
| 15 | 00:46:40 | 711 Jack | White | M | 10kmM | 10km | Open | Enfield Harriers |
| 16 | 00:48:36 | 708 Robert | Pearl | M | 10kmM | 10km | Open | |
| 17 | 00:49:52 | 712 Craig | White | M | 10kmM | 10km | O35 | |
| 18 | 00:50:25 | 717 Rob | Manwaring | M | 10kmM | 10km | Open | |
| 19 | 00:50:26 | 743 Nicolas | Rebuli | M | 10kmM | 10km | Open | |
| 20 | 00:51:29 | 752 Brett | Mclver | M | 10kmM | 10km | O35 | |
| 21 | 00:52:03 | 736 Luke | CHESTER | M | 10kmM | 10km | O35 | |
| 22 | 00:52:18 | 621 ERICH | JUNG | M | 10kmM | 10km | O50 | |
| 23 | 00:53:54 | 613 Pete | Doran | M | 10kmM | 10km | O35 | |
| 24 | 00:54:53 | 641 Gavin | Dissel | M | 10kmM | 10km | O50 | Salisbury |
| 25 | 00:54:57 | 727 Aaron | Galwey | M | 10kmM | 10km | O35 | |
| 26 | 00:55:38 | 747 Stephen | Waterman | M | 10kmM | 10km | O35 | Enfield Harriers |
| 27 | 00:57:08 | 734 Brian | Tong | M | 10kmM | 10km | U20 | |
| 28 | 00:57:50 | 637 Sam | Wellington | M | 10kmM | 10km | Open | |
| 29 | 00:58:56 | 713 Paul | Fullston | M | 10kmM | 10km | O50 | |
| 30 | 00:58:57 | 721 Nick | Day | M | 10kmM | 10km | O50 | |
| 31 | 01:01:10 | 724 Uldis | Esots | M | 10kmM | 10km | Open | |
| 32 | 01:02:55 | 737 Dale | Nolasco | M | 10kmM | 10km | O35 | |
| 33 | 01:27:21 | 739 John | Agzarian | M | 10kmM | 10km | O50 | |
| 34 | 01:28:29 | 608 Stefan | Cali | M | 10kmM | 10km | Open | |
| 35 | 01:28:53 | 729 Wayne | Hoban | M | 10kmM | 10km | O50 | |

10km Female Results

| | | | | | | | | |
|----|----------|---------------|-------------|---|-------|------|------|---------|
| 1 | 00:40:30 | 742 Karen | Pienaar | F | 10kmF | 10km | O35 | Masters |
| 2 | 00:43:04 | 703 Margo | Muir | F | 10kmF | 10km | U16 | |
| 3 | 00:44:06 | 619 Jessica | Ireland | F | 10kmF | 10km | Open | |
| 4 | 00:44:59 | 702 Kate | Bartel | F | 10kmF | 10km | Open | |
| 5 | 00:49:45 | 754 Unknown | Unknown | F | 10kmF | 10km | | |
| 6 | 00:49:49 | 728 Keira | Rogers | F | 10kmF | 10km | Open | |
| 7 | 00:50:11 | 630 Genevieve | Preston | F | 10kmF | 10km | Open | |
| 8 | 00:50:29 | 615 Kate | Fitzsimons | F | 10kmF | 10km | Open | |
| 9 | 00:52:03 | 624 Rebecca | Norman | F | 10kmF | 10km | Open | |
| 10 | 00:52:47 | 709 Cass | Barker | F | 10kmF | 10km | U18 | |
| 11 | 00:54:49 | 725 Aarony | Curtis | F | 10kmF | 10km | O35 | |
| 12 | 00:54:53 | 636 Heather | Watson | F | 10kmF | 10km | O50 | |
| 13 | 00:56:01 | 627 Jeanette | Peckham | F | 10kmF | 10km | Open | |
| 14 | 00:57:32 | 714 Amelia | McGlade | F | 10kmF | 10km | Open | |
| 15 | 00:57:39 | 715 Caroline | Holloway | F | 10kmF | 10km | O35 | |
| 16 | 00:57:49 | 616 Katherine | Harris | F | 10kmF | 10km | Open | |
| 17 | 00:58:06 | 620 Gillian | Jordan | F | 10kmF | 10km | U20 | |
| 18 | 00:58:07 | 623 Kirsty | Mastrangelo | F | 10kmF | 10km | Open | |
| 19 | 00:58:07 | 633 Cheryl | Saw | F | 10kmF | 10km | U20 | |
| 20 | 00:58:35 | 617 Sue | Hixson | F | 10kmF | 10km | O35 | |

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|----|----------|---------------|----------|---|-------|------|------|
| 21 | 00:58:40 | 604 Alexandra | Biggs | F | 10kmF | 10km | O35 |
| 22 | 00:59:06 | 706 Bronwyn | Williams | F | 10kmF | 10km | O50 |
| 23 | 00:59:58 | 348 Libby | Lohmann | F | 10kmF | 10km | |
| 24 | 01:01:04 | 731 Monica | Neubauer | F | 10kmF | 10km | O35 |
| 25 | 01:01:05 | 638 Hope | Willocks | F | 10kmF | 10km | O35 |
| 26 | 01:02:29 | 738 Monique | Everett | F | 10kmF | 10km | O35 |
| 27 | 01:03:05 | 631 Karen | Prevost | F | 10kmF | 10km | O50 |
| 28 | 01:05:22 | 602 Tanya | Afford | F | 10kmF | 10km | O35 |
| 29 | 01:08:32 | 723 Stella | Wamui | F | 10kmF | 10km | Open |
| 30 | 01:09:25 | 744 julia | church | F | 10kmF | 10km | O35 |
| 31 | 01:19:08 | 628 Lisi | Phillips | F | 10kmF | 10km | Open |
| 32 | 01:27:47 | 626 Vanessa | Pallotta | F | 10kmF | 10km | Open |
| 33 | 01:28:34 | 722 Barb | Day | F | 10kmF | 10km | O50 |
| 34 | 01:28:35 | 753 Rebecca | Knott | F | 10kmF | 10km | Open |
| 35 | 01:28:54 | 730 Judy | Hoban | F | 10kmF | 10km | O50 |
| 36 | 01:31:24 | 719 Tracey | Sandford | F | 10kmF | 10km | Open |
| 37 | 01:31:31 | 720 Kate | Moore | F | 10kmF | 10km | Open |

1km Results

| | | | | | | | |
|----|----------|------------------|-----------|---|------|-----|--|
| 1 | 00:04:36 | 1007 Jack | Williams | M | 1kmM | 1km | |
| 2 | 00:05:00 | 1019 Indigo | Slack | F | 1kmF | 1km | |
| 3 | 00:05:03 | 1018 Katana | Slack | F | 1kmF | 1km | |
| 4 | 00:05:04 | 1013 Christopher | Erwin | M | 1kmM | 1km | |
| 5 | 00:05:28 | 1027 Unknown | Unknown | | 1km | 1km | |
| 6 | 00:05:30 | 1014 Hannah | Erwin | F | 1kmF | 1km | |
| 7 | 00:05:30 | 1015 Paul | Erwin | M | 1kmM | 1km | |
| 8 | 00:05:50 | 1002 Frankie | Lewis | F | 1kmF | 1km | |
| 9 | 00:06:34 | 1022 Yafa | EIKhalidi | F | 1kmF | 1km | |
| 10 | 00:06:42 | 15 Tom | Esser | M | 1kmM | 1km | |
| 11 | 00:06:47 | 1024 Tom | Lockwood | M | 1kmM | 1km | |
| 12 | 00:07:23 | 1003 Hazel | Lewis | F | 1kmF | 1km | |
| 13 | 00:07:23 | 1028 Louis | Bishop | M | 1kmM | 1km | |
| 14 | 00:08:07 | 1029 Sophie | Lando | F | 1kmF | 1km | |
| 15 | 00:08:37 | 1020 Lara | Wyatt | F | 1kmF | 1km | |
| 16 | 00:08:37 | 1017 Leigh | Rogers | M | 1kmM | 1km | |
| 17 | 00:08:41 | 1023 Isabella | Lockwood | F | 1kmF | 1km | |
| 18 | 00:09:03 | 1016 Andrew | Wyatt | M | 1kmM | 1km | |
| 19 | 00:09:10 | 1021 Eloise | Wyatt | F | 1kmF | 1km | |